



NEWS RELEASE

Sonida Senior Living to Participate in the Morgan Stanley 9th Annual CRE Conference

2026-02-05

DALLAS--(BUSINESS WIRE)-- Sonida Senior Living, Inc. ("Sonida" or the "Company") (NYSE: SNDA), a leading owner, operator and investor in senior living communities, announced today that Brandon Ribar, President & Chief Executive Officer, Kevin Detz, Chief Financial Officer and Max Levy, Chief Investment Officer, will participate in Morgan Stanley's Annual Commercial Real Estate Conference on Wednesday, February 18th and Thursday, February 19th at the Morgan Stanley Headquarters in New York City.

Management is available for one-on-one meetings with institutional investors during the conference. To schedule a meeting, please contact your bank representative.

About Sonida

Dallas-based Sonida Senior Living, Inc. is a leading owner, operator and investor in independent living, assisted living and memory care communities and services for senior adults. The Company provides compassionate, resident-centric services and care as well as engaging programming at our senior housing communities. As of September 30, 2025, the Company owned, managed or invested in 97 senior housing communities across 20 states with an aggregate capacity of approximately 10,250 residents, including 84 owned senior housing communities (including four owned through joint venture investments in consolidated entities and four owned through a joint venture investment in an unconsolidated entity) and 13 communities that the Company managed on behalf of a third-party.

For more information, visit investors.sonidaseniorliving.com or connect with the Company on **Facebook**, **X** or **LinkedIn**.

View source version on [businesswire.com](https://www.businesswire.com/news/home/20260205331610/en/): <https://www.businesswire.com/news/home/20260205331610/en/>

Sonida Investor Relations

Jason Finkelstein

IGNITION IR

ir@sonidaliving.com

Source: Sonida Senior Living, Inc.