



NEWS RELEASE

Sonida Announces Fourth Quarter and Full Year 2025 Earnings Release Date and Conference Call

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DALLAS--(BUSINESS WIRE)-- Sonida Senior Living, Inc. ("Sonida" or the "Company") (NYSE: SNDA), a leading owner, operator and investor in communities and services for seniors, announced today that it will issue its fourth quarter and full year 2025 earnings results before the market opens for trading on Wednesday, March 11, 2026. The Company will then host a conference call and webcast to review its financial performance and operating results at 4:30 p.m. Eastern Time.

The dial-in number for the conference call is (800) 715-9871 (or +1 (646) 307-1963 for international callers), and the participant passcode is 4619110. A live webcast can be accessed [here](#). All participants are asked to register and connect 10 minutes prior to the start of the call/webcast to ensure connectivity.

A webcast replay will be available on the [Sonida IR website](#) and accessible for replay for 12 months. A telephonic replay will be available for 7 days at (800) 770-2030, passcode 4619110.

About Sonida

Dallas-based Sonida Senior Living, Inc. is a leading owner, operator and investor in independent living, assisted living and memory care communities and services for senior adults. The Company provides compassionate, resident-centric services and care as well as engaging programming at our senior housing communities. As of December 31, 2025, the Company owned, managed or invested in 96 senior housing communities in 20 states with

an aggregate capacity of approximately 10,150 residents, including 84 owned senior housing communities (inclusive of four owned through joint venture investments in consolidated entities and four owned through a joint venture investment in an unconsolidated entity) and 12 communities that the Company managed on behalf of a third-party.

For more information, visit www.sonidaseniorliving.com or connect with the Company on **Facebook**, **X** or **LinkedIn**.

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