



NEWS RELEASE

Medifast, Inc. to Participate in the Jefferies 2015 Global Consumer Conference

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OWINGS MILLS, Md., June 9, 2015 /PRNewswire/ -- Medifast, Inc. (NYSE: MED), a leading United States manufacturer and provider of clinically proven weight-loss and healthy living products and programs, announced today that Michael C. MacDonald, Chairman and Chief Executive Officer, and Timothy Robinson, Chief Financial Officer, will present at the Jefferies 2015 Global Consumer Conference on Tuesday, June 23, 2015 in Nantucket, MA.

The presentation is scheduled to begin at 2:30 pm ET. The presentation will be broadcast live over the Internet hosted at the Investor Relations section of Medifast's website at www.MedifastNow.com, and will be archived online through Tuesday, July 7, 2015.

About Medifast

Medifast (NYSE: MED) is the leading easy-to-use, clinically proven weight-loss program. The company sells its

products and programs via four unique distribution channels: 1) the Web and national call centers, 2) the Take Shape For Life personal health coach division, 3) Medifast Weight Control Centers, and 4) a national network of physicians. Medifast was founded in 1980 and is located in Owings Mills, Maryland. For more information, log onto www.MedifastNow.com.

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