NEWS RELEASE

Medifast, Inc. to Participate in the Jefferies 2014 Global Consumer Conference

2014-06-05

OWINGS MILLS, Md., June 5, 2014 /**PRNewswire**/ -- Medifast, Inc. (NYSE: MED), a leading United States manufacturer and provider of clinically proven, portion-controlled weight-loss products and programs, announced today that Timothy Robinson, Chief Financial Officer, and Meg Sheetz, President and Chief Operating Officer, will present at the Jefferies 2014 Global Consumer Conference on Thursday, June 19, 2014 in Nantucket, MA.

The presentation is scheduled to begin at 3:00 pm ET. The presentation will be broadcast live over the Internet hosted at the Investor Relations section of Medifast's website at **www.medifastnow.com**, and will be archived online through Thursday, July 3, 2014.

About Medifast

Medifast (NYSE: MED) is the leading easy-to-use, clinically proven, portion-controlled weight-loss program. The company sells its products and programs via four unique distribution channels: 1) the Web and national call centers, 2) the Take Shape For Life personal coaching division, 3) Medifast Weight Control Centers, and 4) a national network of physicians. Medifast was founded in 1980 and is located in Owings Mills, Maryland. For more information, log onto **www.MedifastNow.com**.

MED-F

Logo - **http://photos.prnewswire.com/prnh/20120613/NE24271LOGO-b**

SOURCE Medifast, Inc.