



NEWS RELEASE

Medifast, Inc. to Announce Financial Results for the Third Quarter Ended September 30, 2014

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OWINGS MILLS, Md., Oct. 22, 2014 /PRNewswire/ -- Medifast, Inc. (NYSE: MED), a leading United States manufacturer and provider of clinically proven weight-loss products and programs, will announce financial results for the third quarter ended September 30, 2014 on Wednesday, November 5, 2014, after market close. The Company will host a conference call to discuss these results with additional comments and details. Participants from the Company will be Michael C. MacDonald, Chairman and Chief Executive Officer, Timothy Robinson, Chief Financial Officer, and Margaret Sheetz, President and Chief Operating Officer.

The conference call is scheduled to begin at 4:30 p.m. ET on November 5, 2014. The call will be broadcast live over the Internet hosted at the Investor Relations section of Medifast's website at www.MedifastNow.com, and will be archived online through November 19, 2014. In addition, listeners may dial (877) 705-6003.

A telephonic playback will be available from 7:30 p.m. ET, November 5, 2014, through November 19, 2014. Participants can dial (877) 870-5176 to hear the playback and enter pass code 13593646.

About Medifast

Medifast (NYSE: MED) is the leading easy-to-use, clinically proven weight-loss program. The company sells its products and programs via four unique distribution channels: 1) the Web and national call centers, 2) the Take Shape For Life personal coaching division, 3) Medifast Weight Control Centers, and 4) a national network of physicians. Medifast was founded in 1980 and is located in Owings Mills, Maryland. For more information, log onto

www.MedifastNow.com.

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