



NEWS RELEASE

Medifast, Inc. to Announce Financial Results for the Fourth Quarter and Fiscal Year Ended December 31, 2013

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OWINGS MILLS, Md., Feb. 12, 2014 /PRNewswire/ -- Medifast, Inc. (NYSE: MED), a leading United States manufacturer and provider of clinically proven, portion-controlled weight-loss products and programs, will announce financial results for the fourth quarter and fiscal year ended December 31, 2013 on Monday, March 10, 2014, after market close. The Company will host a conference call to discuss these results with additional comments and details. Participants from the Company will be Michael C. MacDonald, Executive Chairman and Chief Executive Officer, Timothy Robinson, Chief Financial Officer, and Margaret Sheetz, President and Chief Operating Officer.

(Logo: <http://photos.prnewswire.com/prnh/20120613/NE24271LOGO-b>)

The conference call is scheduled to begin at 4:30 p.m. ET on March 10, 2014. The call will be broadcast live over the Internet hosted at the Investor Relations section of Medifast's website at www.choosemedifast.com, and will be archived online through March 24, 2014. In addition, listeners may dial (877) 705-6003.

A telephonic playback will be available from 7:30 p.m. ET, March 10, 2014, through March 24, 2014. Participants can dial (877) 870-5176 to hear the playback and enter passcode 13576107.

About Medifast

Medifast (NYSE: MED) is the leading easy-to-use, clinically proven, portion-controlled weight-loss program. The company sells its products and programs via four unique distribution channels: 1) the Web and national call centers, 2) the Take Shape For Life personal coaching division, 3) Medifast Weight Control Centers, and 4) a national network of physicians. Medifast was founded in 1980 and is located in Owings Mills, Maryland. For more information, log onto www.MedifastNow.com.

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