NEWS RELEASE

Ardent Health to Participate in the UBS Global Healthcare Conference

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BRENTWOOD, Tenn.--(BUSINESS WIRE)-- Ardent Health (NYSE: ARDT), a leading provider of healthcare in growing mid-sized urban communities across the U.S., today announced that the Company will participate in the UBS Global Healthcare Conference on Tuesday, Nov. 10, 2026, in Palm Beach, Florida.

Members of the management team will participate in a fireside chat on Nov. 10, 2026, at 11 a.m. ET. A live audio webcast of this presentation will be available in the Investor Relations section of the Company's website, at **ir.ardenthealth.com**. A replay will be accessible on the same page following the session.

In conjunction with this conference, the Ardent Health management team will be available to participate in one-on-one meetings with investors registered to attend the conference. For more information, please contact your sales representative at UBS, or Dave Styblo, Ardent Health's senior vice president of investor relations, at **investor.relations@ardenthealth.com**.

About Ardent Health

Ardent Health (NYSE: ARDT) is a leading provider of healthcare in growing mid-sized urban communities across the U.S. The Company delivers care through its subsidiaries, which include 30 acute care hospitals and more than 280 sites of care with over 2,000 employed and affiliated providers across six states. Anchored by a shared operating model and a commitment to investing in innovative services and technologies that improve quality, access and experience, Ardent is focused on delivering strong clinical outcomes and improving the health of the patients and communities it serves.

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