

Ardent Health to Participate in March Investor Conferences

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BRENTWOOD, Tenn.--(BUSINESS WIRE)-- Ardent Health (NYSE: ARDT), a leading provider of healthcare in growing mid-sized urban communities across the U.S., today announced that members of the Company's management team will participate in the following upcoming investor conferences:

- **Leerink Global Healthcare Conference** on Monday, March 9, 2026, in Miami, Florida. Members of the management team will participate in a fireside chat at 10 a.m. ET that same day.
- **KeyBanc Healthcare Forum** on Tuesday, March 17, 2026. Members of the management team will participate in a virtual fireside chat at 2:15 p.m. ET on Wednesday, March 18, 2026.

A live audio webcast of these presentations will be available in the Investor Relations section of the Company's website, at ir.ardenthealth.com. Replays will be accessible on the same page following each session.

In conjunction with these conferences, the Ardent Health management team will be available to participate in one-on-one meetings with investors registered to attend each conference. For more information, please contact your sales representative at the host firm, or Dave Styblo, Ardent Health's senior vice president of investor relations at investor.relations@ardenthealth.com.

About Ardent Health

Ardent Health (NYSE: ARDT) is a leading provider of healthcare in growing mid-sized urban communities across the U.S. With a focus on people and investments in innovative services and technologies, Ardent is passionate about making healthcare better and easier to access. Through its subsidiaries, Ardent delivers care through a system of 30 acute care hospitals and 280 sites of care with over 1,900 employed and affiliated providers across six states. For

more information, please visit ardenthealth.com.

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